



Walter Stewart's
your fresh local market



Weekly Specials January 10 - 23 Two Week Flyer

Featured recipe: **Coconut-Curry Salmon**



**PEAK SEASON
WINTER CITRUS!**

So many varieties to enjoy,
from Stem & Leaf Tango
Mandarins and Ruby Tango Blood
Oranges to Cara Cara Navels
and Heirloom Navels.



Our Wine of the Week

Cesconi Moratel Red

Vigneti delle Dolomiti, Italy, 2012

REG: \$26.99 OUR PRICE: \$23.99

Buy the Case, Save 10%

DISCOUNTED CASE: \$259.09



T-BILL SPECIALS

	SALE	SAVE
Poland Spring Water, 8 oz, 12 pk	\$2.59	\$0.90
Pacific Organic Broth, 32 oz	\$3.89	\$1.10
Gifford's Ice Cream, 32 oz	\$3.99	\$2.30
Bear Naked Granola, 12 oz	\$5.39	\$1.30
Clementines, 5 lb box	\$5.99	\$2.00
Rao's Marinara Sauce, 32 oz	\$6.99	\$2.00
Starbucks Coffee/K-cups, 10 ct, 12 oz	\$7.89	\$3.00
Bounty Paper Towels, 6 pk	\$9.99	\$3.00

T-BILL REWARDS - FREE WITH REWARDS!

Chobani Yogurt, 5 oz	FREE w/ \$1.79 of Rewards
Fiji Water, 1tr	FREE w/ \$2.59 of Rewards
Thomas' English Muffins, 6 ct	FREE w/ \$4.49 of Rewards
Stonyfield/Horizon Org. Milk, 64 oz	FREE w/ \$5.89 of Rewards

PRODUCE

	SALE	SAVE
Blueberries, pt	2/8.00	\$3.98
Clementines, 5 lb gift box	T-BILLS \$5.99	\$2.00
Organic Hot House Cucumbers, ea	\$2.99	\$1.00
Organic Red, Yellow, Orange Peppers, lb imp	\$3.99	\$2.00
Organic Gala Apples, lb	\$2.49	\$1.50
Green Beans, pk	\$1.99	\$1.00
Aspirations Broccolini, lb	\$2.99	\$1.00
McIntosh Apples, lb	\$1.49	\$1.00
Honey Bell Tangelos, ea	3/3.00	\$0.87
Plum Tomatoes, lb	\$1.49	\$0.50

QUANTITY BUYS

	SALE	SAVE
Kellogg's Special K Cereal, asst	2/6.00	\$3.98
Newman's Own Pasta Sauce, 24 oz	2/4.00	\$1.98
Quaker Instant Oatmeal, asst	2/6.00	\$2.98
Quaker Chewy Granola Bars, 6 oz	2/5.00	\$2.18
Aunt Jemima Syrup, 24 oz	2/6.00	\$3.38

DELI

	SALE	SAVE
BH Low Salt Ham	\$9.99	\$1.00
BH Simplicity Jamaican Jerk Turkey	\$12.99	\$2.00
BH Everroast Chicken	\$8.99	\$1.00
BH Muester Cheese	\$7.99	\$1.00
BH Provolone Picante Cheese	\$8.99	\$1.00
BH Chipotle Goumaise	\$3.79	\$0.50
Quinoa Salad	\$7.99	\$1.00
Vegan Pad Thai	\$7.99	\$1.00
Tuna Salad	\$7.99	\$1.00
Winter Root Vegetable Soup, qt	\$8.99	\$1.00

MEAT

	SALE	SAVE
Thin-sliced Chicken Cutlets, lb	\$7.99	\$2.00
B & E Boneless Chicken Breast, lb	\$6.99	\$1.00
Leidy's Pork Chops, Boneless, lb	\$8.99	\$2.00
CAB Rump Roast, lb	\$4.99	\$1.00
N.Y. Strip Steak, 100% Grass-fed, lb	\$23.99	\$2.00
100% Grass-fed Beef Ribs, lb	\$24.99	\$2.00

SEAFOOD

200% Guaranteed Fresh

	SALE	SAVE
Swordfish, U.S. Wild, lb	\$19.99	\$2.00

CHEESE

	SALE	SAVE
Bel Gioioso Mozzarella, 16 oz	\$6.99	\$1.00

BAKERY

	SALE	SAVE
Store Baked Six Grain Bread	\$3.99	\$0.50
Mini Cinnamon Rolls, 6 pk	\$4.49	\$0.50
Prcan Sticky Buns, 6 pk	\$5.49	\$0.50
St. Pierre Brioche Loaf	\$6.99	\$1.00
St. Pierre Choc. Chip Loaf, 6 pk	\$5.99	\$1.00
La Brea Organic Rustic French Bread	\$4.49	\$0.50
St. Pierre Brioche Rolls	\$4.99	\$0.50

GOURMET SPECIALS	SALE	SAVE
Smart Alex Baked Tortilla Chips, 3 flavors	2/6.00	\$0.98
EO Essential Oils Lavender Shower Gel	\$9.99	\$1.00
Klean Kanteen Insulated Tumbler, 16 oz Say goodbye to paper coffee cups!	\$19.95	\$4.00
Zyliss Serrated Paring Knife, a kitchen essential	\$6.99	\$3.01
Full Circle Clean Sweep Broom	\$19.99	\$5.00
Full Circle Clean Team Brush and Dustpan	\$12.99	\$2.00

GROCERY	SALE	SAVE
Dunkin Donuts Coffee/ K-cups, 12 oz, 10 ct	\$6.99	\$3.00
Stacy's Pita Chips, 7 oz	2/5.00	\$1.58
Aunt Jemima Pancake Mix, 32 oz	2/5.00	\$1.98
Skinny Pop GF Skinny Pack, 3.9 oz	2/9.00	\$2.98
Minute Rice Cups, 2 pk, 8 oz	2/3.00	\$1.78
Justin's Nut Butter, 16 oz	\$11.99	\$3.00
Suzie's GF Thin Cakes, asst	2/5.00	\$1.98
Jif Peanut Butter, 16 oz	2/5.00	\$2.98
Yogi Tea, 16 ct	\$3.99	\$0.80
Made Good GF Granola Bars, 5 oz	\$3.99	\$0.70
Made Good GF Mini Bites, 3 oz	\$2.99	\$0.70
Del Monte Tomatoes, 14 oz	\$1.00	\$0.79
Near East Rice/ Couscous, asst	3/5.00	\$2.17
Filippo Berio Olive Oil, 25 oz	\$5.99	\$4.60
Holland House Cooking Wine, 16 oz	\$2.99	\$1.06
Poland Sprig Sparkling Water, 8 pk	3/10.00	\$1.67
Way Better GF Snacks, 5 oz	2/6.00	\$1.38
Kellogg's Nutri Grain Bars, 10 oz	\$2.99	\$0.80
Honest Kids Juices, 8 pk, 54 oz	\$3.69	\$1.30
Bisquick Baking Mix, 40 oz	\$3.29	\$1.00
Perrier Slim Cans, 10 pk, 84 oz	\$4.99	\$2.90
Tostitos Chips, 9/10 oz	\$2.99	\$1.30
Oreo Cookies, 14/15 oz oz	\$2.99	\$1.50
Chips Ahoy Cookies, 11/13 oz	\$2.99	\$1.00

DAIRY/FROZEN	SALE	SAVE
Stonyfield Smoothie, 34 oz	2/6.00	\$0.98
Reddi-Wip, 6 oz	\$2.29	\$1.00
Crystal Farm Shredded Cheese, 8 oz	2/4.00	\$2.78
Simply Orange, Orange Juice, 52 oz	2/6.00	\$3.38
Horizon Organic Butter, 16 oz	\$7.99	\$2.00
Ore-Ida Potatoes, asst	2/7.00	\$1.58
Mystic Pizza, 20 oz	\$5.99	\$1.30
Smucker's Uncrustable, 7/8 oz	\$2.29	\$1.00
Pepperidge Farm Garlic Bread, 10 oz	2/5.00	\$0.98
Van's Waffles/ Pancakes, 8/9 oz	\$2.79	\$1.10



Coconut-Curry Salmon

Being rich in omega-3 fatty acids and high in protein, the health benefits of salmon are well documented. From the kitchens of Kraft comes a delectable and zesty new way to prepare this nutrition packed gift from the sea. Control the heat by choosing your favorite type of curry, and pair with hot cooked jasmine rice for a flavorful new dinner option.

Ingredients

- 1 can (13.5 oz.) lite coconut milk
- 4 oz. (1/2 of 8-oz. pkg.) PHILADELPHIA Cream Cheese, cubed, softened
- 1 tsp. ground cumin
- 1/2 tsp. crushed red pepper
- 2 tsp. curry powder, divided
- 4 skin-on salmon fillets (1 lb.)
- juice from 1 lime
- 2 tsp. oil
- 1 red bell pepper, cut into strips
- 3 plum tomatoes (3/4 lb.), seeded, chopped
- 1 small onion, cut lengthwise in half, then sliced crosswise
- 2 Tbsp. chopped fresh cilantro

Directions:

Heat oven to 375°F. Blend first 4 ingredients and 1 tsp. curry powder in blender until smooth. Place fish, skin-side down, on baking sheet sprayed with cooking spray. Mix lime juice and remaining curry powder; brush onto fish. Bake 8 to 10 min. or until fish flakes easily with fork. Meanwhile, heat oil in large skillet on medium heat. Add bell peppers, tomatoes and onions; cook 5 min., stirring frequently. Stir in coconut mixture; cook 5 min. or until heated through, stirring frequently. Stir in cilantro. Serve fish with sauce. Makes 4 servings.

Visit StewartsMarket.com for more recipes.

HOUSEHOLD ITEMS	SALE	SAVE
Palmolive Dish Liquid, 20 oz	2/5.00	\$1.58
Kleenex Facial Tissues, asst	2/3.00	\$1.78
Heavy Trash Bags, asst	\$7.99	\$2.00
Fantastik Cleaners, 32 oz	2/5.00	\$2.58
Windex Window Cleaners, 23 oz	\$3.49	\$1.00
Pledge Furniture Polish, 9 oz	\$3.99	\$0.80

BABY	SALE	SAVE
Plum Baby Food Stage 2, 3.5 oz	4/5.00	\$1.76
Huggie's Diapers, asst	\$9.99	\$3.60
Huggies Baby Wipes, 56/64 ct	2/5.00	\$0.98